



The Montessori Link

Cosmic World in the Eyes of Maria Montessori



The universe is an organic whole functioning as one organism having a cosmic body. The universe has a live body and its intelligence is the fabric of harmony.

The Chinese call it the Chi, while the Indians call it Prana. There is increasing evidence of such a force within the modern string theory, where it is proposed that the atoms are made of strings of energy. This life force exists in every being and in every particle.

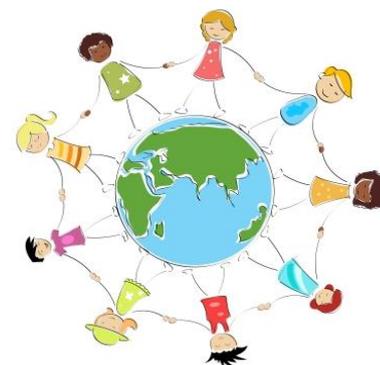
The Cosmic body extends basically from one's family to the five elements. Living in harmony with the Cosmos at all levels is the responsibility of humanity.



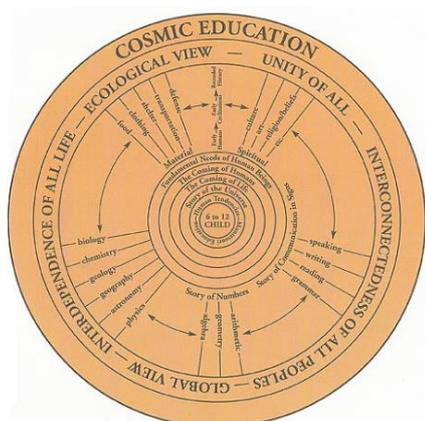
Maria Montessori advocated for peace and prosperity to prevail after witnessing 2 world wars. Man's need for war is a sign of weakness within. The need to enforce one's own culture and behaviour on others is a sign of a deviated and unsatisfied mind.

The ideal situation is where men were to treat the people around him as family and friends and only then harmony and peace is possible. However, the paradigm of strong regimes operate that most of our worldwide institutions tend to impose their beliefs and agenda on the rest of the citizenry. It becomes a struggle for influence.

Globally we need to become sensitive to the existence of other cultures and practice. This is only feasible if we start educating our young children of the need to respect other cultures.



According to Montessori man belongs to nature, his state of mind and mental harmony is contingent of his connection with nature. The unhappiness that shrouds a man's mind is due to him being disconnected from nature, once this disconnection arises, man becomes unsatisfied with himself and the need to overcome this void leads to conflict in the real world.



The solution is simple but rarely followed. First identify the source of the disconnection and remove it. Second, reconnect yourself to nature incrementally. Starting with short walks around a park or nature reserve and then graduating at a level of taking hikes or meditating.

Immersing oneself in nature has restorative attributes; it negates the stress from work life, removes the distractions from media and technology and allows the mind to quieten. This allows the mind to become harmonious with the surroundings and the five elements. Over time, this harmony aligns the mind and frequent practice of connecting to nature, makes the mind more flexible, less cluttered and clear.

This practice is the rationale underpinning yoga and meditation, where the first step is to clear and still the mind. Stilling the mind is a pre-requisite to living with harmony with nature.

In conclusion, Maria Montessori's theories on Cosmic education are still relevant today. Education starts from home with our young and extends to the Cosmic body. By impressing the value and need to be part of nature from young, our children can be attuned to nature and live in harmony with themselves and others.

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